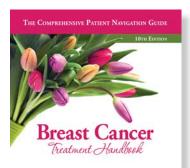


EduCare

Your Cancer Education Partner

THE LEADER IN NURSE NAVIGATION & PATIENT EDUCATION SINCE 1994

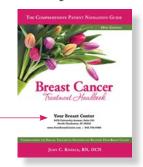
Breast Cancer Treatment Handbook



10th EDITION

28 Years of Publication Over 720,000 Copies in Use

FREE FACILITY **CUSTOMIZATION** With Orders of 200+ Books





- Number one breast cancer education book given by hospitals and doctors
- Designed to be given to the newly diagnosed patient by the healthcare team
- Serves as a comprehensive guide to treatment decisions, self-care and recovery
- Creates a decision-making partnership between patient and healthcare providers
- Provides understanding and encouragement for patients
- Covers all aspects of breast cancer—from diagnosis to recovery

No Treatment Recommendations Are Given

Information is provided along with lists of questions to ask healthcare providers.

Color Illustrations

Detailed, full-color illustrations make difficult topics easy to understand.

Tear-Out Worksheets

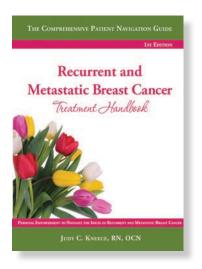
44 pages provide personal treatment and recovery planning.

Breast Cancer Drug List

Helps the patient understand and prepare for potential side effects.

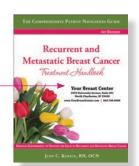
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Recurrent & Metastatic Breast Cancer Treatment Handbook



1st EDITION

FREE FACILITY **CUSTOMIZATION** With Orders of 200+ Books



For years, recurrent and metastatic breast cancer patients have often felt overlooked. Metastatic breast cancer patients live each day with an incurable disease and must face treatment regimens as well as intense physical, psychological and emotional issues. This book is written to educate women about treatments for recurrent and metastatic breast cancer, while also addressing the emotional aspects — the fears, the sorrows, the pain and the choices women face after receiving this diagnosis.

Handbook Topics:

• Cancer Treatment:

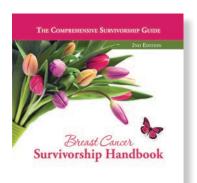
Types of Recurrence, Treatment Decisions, Second Opinions, Surgical Options, Reconstruction Options, Treatment Medications and Radiation Therapy

Emotional Issues: Anxiety/Depression, Communicating with Children, Family & Healthcare Team, End of Life Planning

- Ongoing Treatment Issues: Pain Management, Insurance, Diet and Exercise, Sexuality Problems
- Also Includes: Comprehensive Appendix Explaining Diagnostic Tests, Chemotherapy Drugs and Clinical Trials

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Breast Cancer Survivorship Handbook



2nd EDITION

FREE FACILITY **CUSTOMIZATION** With Orders of 200+ Books



JUDY C. KNEECE, RN, OCN

- Designed to be given to the patient at the conclusion of treatment
- Serves as a comprehensive patient survivorship guide to help monitor future health and cope with ongoing treatment side effects
- Worksheets provided in back of book for patient to record treatment summary

Handbook Topics:

- Fear of Recurrence
- Family Cancer Risk
- Follow-up Care After Breast Cancer
- Potential Side Effects After Treatment: Surgical Arm, Menopausal Side Effects, Fatigue, Memory Changes, Body Image, Fertility, Numbness in Hands and Feet, Chronic Anxiety and Depression, Hormonal Medications
- Planning a Healthy Lifestyle
- Patient Resources
- Treatment Summary Record Sheets: Healthcare Team Contact Information, Diagnosis and Treatment Summary, Recommended Surveillance Schedule

Pricing **PRICE QUANTITY** 1-19 \$17.95 20-99 \$16.95 100-199 \$15.95 200+ \$14.95

Breast Cancer Support Partner Handbook

9th EDITION 28 Years of Publication



FREE FACILITY CUSTOMIZATION With Orders of 200+ Books



- Designed to be given to the support person of a breast cancer patient
- Serves as a comprehensive "how to" guide to promote the physical and emotional recovery of a loved one
- Explains how to help children cope
- Covers all aspects of breast cancer treatment
- Describes recognizable side effects of treatment and how to deal with them
- Offers guidelines for effective communication

Detailed Illustrations

Support Partner **Inspirational and Emotional Support**

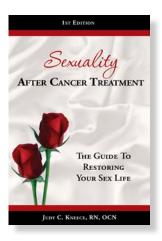
Experiences of Four Support Partners

Resources, Recommended Reading and a Full Glossary

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Sexuality After Cancer Treatment

Every year 850,000 females are diagnosed with cancer. The majority of these women undergo chemotherapy. Approximately 70 percent of these women are left with unexpected changes in their sex life—changes that are not life-threatening but disrupt the quality of their life. Because these changes are not life-threatening, they often go unaddressed; instead, women suffer in silence not knowing what they can do. Sexuality After Cancer *Treatment* brings to light the sexuality problems most cancer-treated women face and offers interventions to reduce or eliminate these side effects.



Topics Include:

- Identifying the Sexuality Impact of Cancer Treatments
- Identifying Major Factors **Influencing Sexuality**
- Exploring Female Sexual Anatomy
- Interventions For: Vaginal Dryness Painful Intercourse Hot Flashes and Night Sweats Sleep Problems Fatigue Urinary Changes Depression and Anxiety

- Exploring Benefits of Exercise
- Building Future Health and **Immunity Through Nutrition**
- Identifying Drugs that Lower Sex Drive
- Understanding Female **Sex Drive Components**
- Ramping up Female Sex Drive
- Exploring Desire-Enhancing Supplements
- Reclaiming Your Sex Life After Cancer Treatment

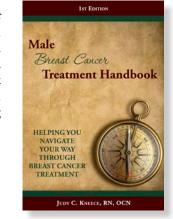
Even though the percentage of patients affected by lingering sexual problems is very high after cancer treatment, it is one of the least-discussed side effects.

Suffering in silence is over. This book will help a woman explore the sexuality problems she may be facing and provide interventions to help her reduce or eliminate these side effects. It will help her restore her sex life.

Pricing				
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Male Breast Cancer Treatment Handbook

When a male hears the words, "You have breast cancer," it comes as a shock. Not only has he been diagnosed with cancer, but he has been diagnosed with a cancer that is traditionally known to be a female disease represented by a pink ribbon. This book addresses the unique emotional, medical and physical aspects a male breast cancer patient experiences during cancer treatment and recovery.



A COMPREHENSIVE GUIDE **DESIGNED TO HELP A MALE PATIENT** NAVIGATE HIS WAY THROUGH **BREAST CANCER TREATMENT**

Topics Include:

- Emotional Impact of Male Breast Cancer
- Support Partner Relationship
- Effective Communication
- Surgical, Treatment and **Reconstruction Options**
- Understanding The Pathology Report
- Chemotherapy, Radiation Therapy and Hormonal Therapy
- Treatment Side Effects
- Complementary and Alternative Therapies
- Treatment Impact on Male Sexuality
- Emotional Recovery
- Surgical Arm Care and Exercises
- Health Insurance Issues
- Recurrence Monitoring
- Surveillance Guidelines

No Treatment **Recommendations Are Given** Information is provided along with lists of questions to ask healthcare providers.

Color Illustrations 80 full-color, male illustrations, charts and graphs make difficult topics easier to understand.

Comprehensive Glossary **Breast Cancer Drug List**

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Breast Health

Education Series

Solving The Mystery Of

Breast Pain

3rd EDITION

Solving the Mystery of

Breast Pain

Describes breast pain caused by normal hormonal functioning, benign breast disease, breast cancer and other medical conditions. Outlines breast pain characteristics that should be reported to a healthcare provider immediately.



- List of over 400 prescription and over-the-counter medications that may cause breast changes and promote breast pain.
- List of common herbal and weightreduction products that cause breast pain.
- List of benign conditions that may cause breast pain.
- Insight into the possible connection between caffeine and breast pain.
- Worksheets to help women and healthcare providers assess the cause of pain.
- Charts, additional resources, recommended reading and a full glossary.

Solving the Mystery of **Breast Discharge**

Describes normal breast discharge, benign breast disease discharge and breast cancer discharge characteristics. Outlines breast discharge



2nd EDITION

characteristics that should be reported to a healthcare provider immediately.

Provides:

- Worksheets to help assess the potential cause of breast discharge.
- Descriptions of diagnostic procedures used to evaluate breast discharge.
- List of activities that may promote a normal breast discharge.
- List of over 400 prescription and over-the-counter medications that may cause or promote breast discharge.
- Charts, additional resources, recommended reading and a full glossary.

Pric	ing
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Breast Health **Navigator Manual**



Product Details.

- Over 900 pages in 28 breast health modules
- Web-based access provides viewing from any internet connection
- Information on all aspects of breast health: benign conditions, breast cancer, treatment, male breast cancer and survivorship
- Graphic illustrations provided throughout
- Up-to-date navigator educational resource library at your fingertips
- Customized with name of manual owner on each page

For over 28 years, hospitals have trusted EduCare to expertly train over 2,300 Breast Health Navigators.

As travel and training budgets began to face new restrictions, Navigators found it increasingly difficult to attend an on-site 4-day training. To meet this challenge, the training manual is now available in an on-line version.

Learn To:

- Coordinate a comprehensive breast health program
- Provide patient education about breast cancer, treatment decisions, hormones, infertility and more
- Implement successful support programs for the patient and family
- Integrate complementary care
- Plan successful community outreach programs

Benefits:

- Saves time and money. No lost work days or on-site training fees required.
- Web-based manual provides access from any internet connection.

Visit Our Website to View a Topic Directory and for Additional Information

\$349.95





Product Details:

- Over 600 topics in 22 categories
- Topics added, reviewed and updated annually
- Unlimited printing of individual topics on demand
- Web-based software provides access from any internet connection; no storage of disks or brochures needed
- Easy to understand language and detailed graphic illustrations help improve patient understanding
- Every topic customized with your facility or practice name and logo—making YOU the expert

Breast Health Edition Categories:

- General Education
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- Mammography Forms and Letters
- Assessment Tools
- Breast Imaging Procedures
- Biopsy Procedures
- Benign Breast Conditions
- Breast Cancer Characteristics
- Breast Cancer Types
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- Surgery

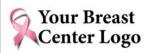
- Reconstruction
- Treatments
- Treatment Side Effects
- Medications
- Cancer Diagnostic Tests & Procedures
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- Patient Support
- Family Support
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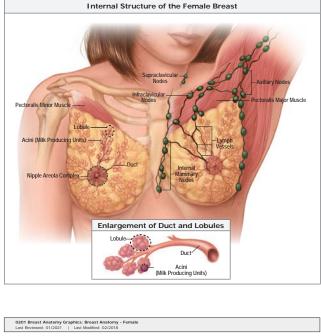
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