General Education
Antiperspirants and Breast Cancer 0101
Bra Fitting 0102
Breast Cancer Facts 0103
Breast Cancer Misconceptions 0104
Breast Cancer Statistics 0105
Breast Self-Exam 0106
Caffeine Connection 0107
Frequently Asked Questions About the Breasts 0108

Breast Anatomy Graphics
Breast Anatomy 0201
Breast Diagram 0202
Female Body and Breast Diagram 0203
Female Breast Diagram 0204
Stages of Nodularity 0205

Mammography Forms and Letters
Abnormal Mammogram: Biopsy Recommended 0301
Abnormal Mammogram: Follow-up Self Referral 0302
Abnormal Mammogram: Immediate Follow-up 0303
Diagnostic Mammogram: Normal Results 0304
Mammography Consent Form 0305
Mammography Scheduling Questionnaire 0306
Requesting Your Mammography Film 0307
Screening Mammography: Results 0308

Assessment Tools
Adjusting to Loss Assessment 0401
Anxiety Assessment 0402
Biopsy: Pre/Post Assessment 0403
Blood Products Transfusion Assessment 0404
Breast Abnormality Patient Referral 0405
Breast Pain Assessment 0406
Breast Patient: Clinical Referral 0407
Clinical Breast Assessment 0408
Decision-Making and Support Styles Assessment 0409
Extravasation Assessment 0410
Female Sexual Function Index (FSFI)© 0411
Female Sexual Function Index (FSFI)© Scoring 0412
General Pain Assessment 0413
General Pain: Daily Self-Assessment 0414
I’ve Found a Lump: Preparing for Physician’s Exam 0415
Lymphedema Assessment 0416
Male Breast Health Assessment 0417
Mood Assessment: Post-Diagnosis 0418
Mood Assessment: Post-Treatment 0419
Patient Support Needs Assessment 0420
Quality of Life Assessment 0421
Range of Motion Assessment 0422
Resource Needs Assessment 0423
Treatment Side Effects Calendar Record 0424
Vital Signs Record 0425

Breast Imaging Procedures
Additional Mammography Views: Spot Compression and Magnification 0501
Breast-Specific Gamma Imaging 0502
Calculifications – Microcalcifications 0503
Compression During Mammography 0504
Digital Mammography 0505
Galactography 0506
Implants and Mammography 0507
Magnetic Resonance Imaging (MRI) of the Breast 0508
Mammography Exam: Patient Overview 0509
Mammography Report From Radiologist 0510
Mammography Report Terminology 0511
Methylene Blue Dye Localization 0512
Obtaining the Optimal Mammogram 0513
Radiation Exposure Concerns 0514
Tomosynthesis 0515

Biopsy Procedures
Biopsy Risks 0601
Biopsy Types: Overview 0602
Breast Biopsy: Patient Instructions 0603
Core Needle Biopsy 0604
EnCapsule Biopsy 0605
Excisional Biopsy 0606
Fine Needle Aspiration (FNA) 0607
Fine Needle Aspiration (FNA) of a Cyst 0608
Incisional Biopsy 0609
Intact™ Biopsy 0610
Large Core Biopsy – ABBI® 0611
Magnetic Resonance Breast Imaging (MRI):
  Breast Biopsy 0612
Magnetic Resonance Breast Imaging (MRI):
  Needle Localization 0613
Mammotome® Breast Biopsy 0614
Needle Localization: Breast Abnormality 0615
Needle Localization: Patient Instructions 0616
Skin Punch Biopsy 0619
Stereotactic Breast Biopsy 0617
Ultrasound Guided Breast Biopsy 0618
Benign Breast Conditions
Accessory Breast Tissue 0701
Atypical Hyperplasia 0702
Breast Abscess 0703
Breast Cellulitis 0704
Breast Cysts 0705
Breast Pain 0706
Dense Breasts 0723
Duct Ectasia – Periductal Mastitis 0707
Fat Necrosis Tumor 0708
Fibroadenoma 0709
Fibrocystic Changes 0710
Galactocele 0711
Gynecomastia – Male 0712
Hamartoma 0722
Itching Breasts 0713
Lipomas 0714
Mastitis 0715
Mondor’s Syndrome 0716
Nipple Discharge 0717
Papilloma 0718
Radial Scar 0719
Sclerosing Adenosis 0720
Shingles (Herpes Zoster) 0721

Breast Cancer Characteristics
Breast Cancer Growth Rate: How Long Has It Been There? 0801
Cancer Growth Rate 0802
Cancer Progression Process 0803
Estrogen and Progesterone Receptor Status 0804
Grading of Invasive Breast Cancer 0805
Pathology Report 0806
Stages of Breast Cancer 0807
Staging of Breast Cancer: Patient Explanation 0808
Tumor Markers 0809
What Is Breast Cancer? 0810

Breast Cancer Types
Apocrine Carcinoma 0901
Carcinoma During Pregnancy: Most Frequently Asked Questions 0902
Carcinoma In Situ: Comedo Pattern 0903
Ductal Carcinoma In Situ 0905
Ductal Carcinoma In Situ: Surgical Management 0906
Inflammatory Carcinoma 0909
Invasive Ductal Carcinoma 0907
Invasive (Infiltrating) Lobular Carcinoma 0908
Lobular Carcinoma In Situ 0910
Lymphoma of the Breast 0911
Male Breast Cancer 0912
Medullary Carcinoma 0913
Mucinous Carcinoma 0914
Paget Disease 0915

Papillary Carcinoma 0916
Phyllodes Tumor – Cystosarcoma 0904
Tubular Carcinoma 0917

High Risk and Genetic Testing
BRCA Genetic Testing 1001
BRCA Genetic Testing: Negative Result 1002
BRCA Genetic Testing: Positive Result 1003
BRCA Genetic Testing: Uncertain Result 1004
High Risk Recommended Reading List 1005
High Risk: Lifestyle Modifications 1006
I’m High Risk: What Do I Do? 1007

Surgery
Breast Cancer Surgery Preparation 1101
Breast Cancer Surgery: Patient Instructions 1102
Breast Self-Exam After Surgery 1130
Chemotherapy Central Line: Central Intravenous Port Surgery 1103
Chemotherapy Central Line: Central Venous Catheter Surgery 1104
Drain Bulb Record 1105
Drains: Care and Instructions 1106
Exercise and Care of the Surgical Arm 1131
Hematoma 1107
Hemorrhage After Breast Surgery 1108
How Physicians Make Surgical Decisions 1109
Informed Consent 1110
Lumpectomy 1111
Lumpectomy Discharge Instructions 1112
Lumpectomy/Mastectomy Comparison 1113
Lymphatic System: Understanding Its Role 1114
Male Gynecomastia: Surgical Correction 1115
Mastectomy 1116
Mastectomy: Discharge Instructions 1117
Medications That Increase Bleeding 1132
Nipple-Sparing Mastectomy 1118
Peripherally Inserted Central Catheter (PICC Line) 1133
Sentinel Lymph Node Mapping: Why? 1119
Sentinel Lymph Node Surgery 1120
Seroma 1121
Skin-Sparing Mastectomy 1122
Surgical Decision: Patient Self-Assessment 1123
Surgical Incision Care 1124
Surgical Incision: Infection 1125
Tissue Necrosis: Debridement 1126
Vascular Access Catheter Dressing Change 1127
Venipunctures/Blood Pressure Checks: Left Arm 1128
Venipunctures/Blood Pressure Checks: Right Arm 1129

Reconstruction
Autologus Reconstruction 1201
Breast Implants 1202
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast Implants: What Patients Need to Know</td>
<td>1224</td>
</tr>
<tr>
<td>Breast Reconstruction Options</td>
<td>1203</td>
</tr>
<tr>
<td>Capsular Contracture From Breast Implants</td>
<td>1204</td>
</tr>
<tr>
<td>DIEP (Deep Inferior Epigastric Perforator)</td>
<td>1205</td>
</tr>
<tr>
<td>Flap Necrosis After Breast Reconstruction</td>
<td>1206</td>
</tr>
<tr>
<td>Flap Revisions After Breast Reconstruction</td>
<td>1207</td>
</tr>
<tr>
<td>Immediate or Delayed Reconstruction Decision</td>
<td>1208</td>
</tr>
<tr>
<td>Implants With Acellular Dermal Matrix (ADM)</td>
<td>1209</td>
</tr>
<tr>
<td>Inferior (Lower) Gluteus (Buttock) Flap Reconstruction</td>
<td>1210</td>
</tr>
<tr>
<td>Latissimus Dorsi (Back Flap) Breast Reconstruction</td>
<td>1211</td>
</tr>
<tr>
<td>Mammoplasty – Breast Reduction</td>
<td>1212</td>
</tr>
<tr>
<td>Mastopexy – Breast Cosmetic Surgery</td>
<td>1213</td>
</tr>
<tr>
<td>Nipple and Areola Reconstruction</td>
<td>1214</td>
</tr>
<tr>
<td>Nipple and Areola Tattooing</td>
<td>1215</td>
</tr>
<tr>
<td>Reconstruction Flap Types</td>
<td>1216</td>
</tr>
<tr>
<td>Reconstructive Surgery: Advantages and Disadvantages</td>
<td>1217</td>
</tr>
<tr>
<td>Reconstructive Surgery: Criteria and Risk Factors</td>
<td>1218</td>
</tr>
<tr>
<td>Recovery After Breast Reconstruction</td>
<td>1220</td>
</tr>
<tr>
<td>S-GAP Breast Reconstruction</td>
<td>1221</td>
</tr>
<tr>
<td>TAP Breast Reconstruction</td>
<td>1222</td>
</tr>
<tr>
<td>TRAM Flap Breast Reconstruction</td>
<td>1223</td>
</tr>
</tbody>
</table>

**Treatments**

- Breast Brachytherapy: Mammosite®: 1301
- Breast Brachytherapy: Accelerated Partial Breast Irradiation (APBI): 1302
- Breast Cancer Index (BCI): 1327 **NEW**
- Cancer Clinical Trials: 1303
- Chemosensitivity/Chemoresistance Testing: 1305
- Chemotherapy Drugs and Schedule: 1306
- Chemotherapy or Hormonal Therapy: Why Do I Need It?: 1307
  - Chemotherapy: Evaluating Cancer’s Response: 1308
  - Chemotherapy: How Can We Tell If It’s Working?: 1309
  - Chemotherapy: How It Works: 1310
  - Chemotherapy: How Long Is Treatment Given?: 1311
  - Chemotherapy: Patient Infusion Tips: 1312
  - Chemotherapy: Patient Questions: 1313
  - Chemotherapy: Regional Delivery Devices: 1314
  - Chemotherapy: Targeted Drugs: 1315
- Dose-Dense Chemotherapy: 1316
- Hormonal Therapy Overview: 1317
- Hormonal Therapy: Patient Questions: 1318
- Immune System During Chemotherapy: 1319
- Medical Oncologist and Your Treatment Plan: 1320
- Neoadjuvant Chemotherapy: 1321
- Oncotype DX™: 1322
- Radiation Oncologist and Radiation Therapy: 1323
- Radiation Therapy Tattoos: 1326
- Second Opinions: 1324
- Thoracentesis: 1325

**Treatment Side Effects**

- Abdominal Pain During Chemotherapy Treatment: 1401
- Allergic Reaction to Chemotherapy or Drugs: 1402
- Alopecia: Hair Loss: 1403
- Anemia: Low Hemoglobin: 1404
- Anxiety: Recognition & Management During Treatment: 1405
- Appetite Changes During Chemotherapy: 1406
- Appetite Stimulation: 1407
- Arthralgia (Joint Pain) From Aromatase Inhibitors: 1408
- Ascites: 1409
- Atrophic Vaginitis: 1410
- Bladder Infection: 1411
- Bladder Problems During Chemotherapy: 1412
- Blood Clots During Cancer Treatment: 1413
- Blood Counts: Understanding Their Importance: 1414
- Blood Sugar Fluctuation Management: 1415
- Candidiasis of the Skin: 1416
- Care of the Surgical Arm After Breast Cancer Surgery: 1417
- Cellulitis: Infection of Surgical Arm: 1418
- Chemotherapy: Allergic Reaction: 1419
- Chemotherapy: Patient Symptoms to Report: 1420
- Constipation: 1421
- Costochondritis: 1422
- Cough During Chemotherapy: 1423
- Deep Vein Thrombosis (DVT): 1424
- Dehydration During Chemotherapy: 1425
- Dental Care During Cancer Treatment: 1426
- Diarrhea: 1427
- Esophagitis: Inflammation of the Esophagus: 1428
- Extravasation: 1429
- Fatigue After Chemotherapy Is Completed: 1430
- Fatigue Management During Treatment: 1431
- Fecal Impaction: 1432
- Fertility After Treatment: 1433
- Fever During Treatment: 1434
- Frozen Shoulder: Adhesive Capsulitis: 1435
- Gastritis: Stomach Irritation: 1436
- Gastrointestinal Problems During Chemotherapy: 1437
- Hiccups During Treatment: 1438
- Hives: Urticaria: 1439
- Hot Flash Management: 1440
- Hot Flashes: 1441
- Hypercalcemia: Elevated Blood Calcium: 1442
- Hyperkalemia: Elevated Blood Potassium Levels: 1443
- Hypernatremia: Elevated Blood Sodium Levels: 1444
- Hyperventilation: Panic Attack: 1445
- Hypocalcemia: Decreased Blood Calcium Levels: 1446
- Hypokalemia: Decreased Blood Potassium Levels: 1447
- Hyponatremia: Decreased Sodium Levels: 1448
Indigestion: Dyspepsia  
Insomnia  
Jaw Pain With Zometa  
Leukopenia: Low White Blood Cell Count  
Lymphedema  
Lymphedema Management  
Lymphedema and Weight-Lifting Exercise  
Medications That Increase Bleeding Potential  
Memory Problems During Chemotherapy  
Menopausal Side Effects From Chemotherapy  
Monitoring for Abnormal Blood Counts  
Nadir From Chemotherapy  
Nausea and Vomiting Management  
Nausea and Vomiting Tips  
Osteoporosis  
Peripheral Neuropathy: Patient Care  
Peripheral Neuropathy: Signs and Symptoms  
Pneumonia  
Pulmonary Embolus (PE)  
Radiation Recall  
Radiation Therapy  
Radiation Therapy: Skin Care  
Septicemia: Sepsis  
Shingles: Herpes Zoster  
Stomatitis: Sore Mouth  
Taste Alterations During Chemotherapy  
Thrombocytopenia: Low Platelet Count  
Thrush: Oral Candidiasis  
Transfusion of Platelets  
Transfusion of Red Blood Cells  
Treatment Options for Breast Cancer by Stage  
Vaginal Candidiasis: Yeast Infection  
Vaginal Dryness and Painful Intercourse  
Vaginal Infections  
Vital Signs: Patient Instructions  
Weight Gain During Treatment  

Medications
5-FU® (fluorouracil)  
Abaxane®  
Adriamycin® (doxorubicin)  
Aloxi® (palonosetron)  
Ambien® (zolpidem)  
Anzemet® (dolasetron)  
Aranesp® (darbepoetin alfa)  
Aranesp®: Patient Instructions for Self-Administration  
Aredia® (pamidronate disodium)  
Arimidex® (anastrozole)  
Aromasin® ( exemestane)  
Ativan® (lorazepam)  
Avastin® (bevacizumab)  
BCNU® (carmustine)  
Cytoxan® (cyclophosphamide)  
Decadron® (dexamethasone)  
Ellence®, Pharmorubicin PFS® (epirubicin)  
Epogen®, Procrit®, Eprex® (epoetin)  
Fareston® (toremifene)  
Faslodex PFS® (fulvestrant)  
Femara® (letrozole)  
Folex PFS® (methotrexate)  
Gemzar® (gemcitabine)  
Halaven® (eribulin)  
Halotestin® (fluoxymesterone)  
Herceptin® (trastuzumab)  
Ixempra® (ixabepilone)  
Kadcyla® (ado-trastuzumab emtansine; T-DM1)  
Kytril® (granisetron)  
Lupron®, Lupron Depot®, Viadur® (leuprolide)  
Marinol® (dronabinol)  
Megace® (megestrol)  
Mutamycin® (mitomycin)  
Navelbine® (vinorelbine)  
Neulasta® (pegfilgrastim)  
Neumega® (oprelvekin)  
Neupogen®, Neutrogin® (filgrastim)  
Nolvadex® (tamoxifen)  
OncoVix®, Vinca PFS® (vincristine)  
Paraplatin® (carboplatin aqueous solution)  
Perjeta® (pertuzumab)  
Platinol® (cisplatin)  
Prednisone  
Selective Serotonin Reuptake Inhibitors (SSRIs)  
Subcutaneous (S.Q.) Injection Instructions  
Taxol® (paclitaxel)  
Taxotere® (docetaxel)  
Tykerb® (lapatinib)  
Velban® (vinblastine)  
Vepesid®, VP-16® (etoposide)  
Xanax® (alprazolam)  
Xeloda® (capecitabine)  
Zinacef® (dexamethasone)  
Zofran®, Zofran ODT® (ondansetron)  
Zoladex® (goserelin)  
Zometa® (zoledronic acid)  

Cancer Diagnostic Tests/Procedures
Bone Scan Preparation  
Brain Computed Tomography: CT or CAT Scan  
Computed Tomography (CT) Scan  
Intravenous Pyelogram: Patient Instructions  
Liver Scan: Patient Instructions  
MRI (Magnetic Resonance Imaging): Patient Instructions  
PET (Positron Emission Tomography) Scan: Patient Instructions  
Ultrasound (US)
Metastatic Disease

Bone Metastasis 1701
Brain Metastasis 1702
Cancer Metastasis 1703
Carcinomatous Meningitis 1704
Liver Metastasis 1705
Lung Metastasis 1706
Pleural Effusion 1707
Recurrent Breast Cancer 1708
Spinal Cord Compression 1709
Why Chemotherapy is Necessary 1710
Why Did My Cancer Metastasize After Chemotherapy? 1711
Why Did My Cancer Metastasize? 1712

Patient Support

American Cancer Society Screening Guidelines 1801
Contraception During Breast Cancer Treatment 1802
Depression After Breast Cancer 1803
Employment Issues During Breast Cancer Treatment 1804
Exercise Prescription After Breast Cancer 1805
Facing the Future After Breast Cancer Diagnosis 1806
Follow-up Care After Breast Cancer: Monitoring Your Future Health 1807
Grief and Loss After Breast Cancer 1808
Health Insurance During Treatment 1809
Learning to Relax 1810
Living Wills – Advanced Directives 1811
Monitoring Dietary Fat 1812
My Prayer During Breast Cancer 1813
Newly Diagnosed Patient Navigation Guide 1814
Pregnancy After Breast Cancer 1815
Prosthesis Selection 1816
Reading Recommendations 1817
Resources for Breast Cancer Patients 1818
Sexuality After Breast Cancer 1819
Sexuality and the Single Woman 1820

Family Support

After Your Mother’s or Sister’s Breast Cancer 1901
Comfort Measures for the Homebound Patient 1902
Helping Someone You Love Who Has Cancer 1903
Message to Family Members of Cancer Patients 1904
My Daughter’s Breast Cancer 1905
Support Partner Guide 1906
The Dying Patient: A Caregiver’s Guide 1907

Complementary Therapies

Acupuncture 2017
Alternative and Complementary Therapies for Cancer 2001
Aromatherapy 2002
Art Therapy 2003
Biofeedback 2004

Cancer Treatment Terminology and Information Resources 2005
Chiropractic 2006
Counseling and Psychotherapy 2007
Diet Therapies 2008
Energy Healing 2009
Hypnotherapy 2010
Journaling 2011
Massage Therapy 2012
Meditation 2013
Music Therapy 2014
Reflexology 2015
Yoga 2016

Breast Health Navigator Tools

Breast Health Navigator: Patient Assessment 2101
Breast Health Navigator: Patient Monthly Contact Record 2102
Breast Health Navigator: Patient Weekly Contact Record 2103
Patient Appointment Worksheet 2104
Patient Assessment: Questions for the Healthcare Team 2105
Patient Communication Planner 2106
Patient Contact Permission Form 2107
Patient Information Needs Assessment 2108
Patient Treatment Barriers Assessment 2109
Sample Letter: BHN Introduction 2110
Sample Letter: Evaluation of BHN Services 2111
Sample Letter: Explanation of BHN Role 2112
Survivorship Surveillance Guidelines 2113

Patient Records

Breast Cancer Diagnostic History 2201
Breast Cancer Treatment Record 2202
Breast Health History 2203
Family Cancer History Assessment 2204
Healthcare Team Record 2205
Patient Surveillance Recommendations 2206

Directory: 02/2016
442 Topics